



Irving Recreation Center Camp Challenge Newsletter

Summer 2011

Week 3 (June 13—17)

IMPORTANT REMINDERS:

- Our camp rules are “Be safe. Be respectful. Be responsible.”
- Pack a sack lunch for your child. Microwave use will not be an option.
- Wear tennis shoes to camp. Sandals and flip-flops are not safe options for camp activities.
- Leave valuables at home (including money, portable video games, etc.)
- Label your sunscreen with your camper’s name.
- Do not hesitate to ask when you have questions or comments.



The Great Outdoors Week!

This week our focus will be on challenging our campers to connect with their environment. We will have several theme based activities throughout the week to get our campers involved and into the great outdoors. One of our theme activities for this week will involve campers using GPS trackers to guide them along our scavenger hunt.

THIS WEEK’S HIGHLIGHTS

Monday

Health Rocks and Tennis Day!

In the morning campers will be doing tennis and other active games outside. In the afternoon campers will be doing our Health Rocks program along with our introductory theme game.

Tuesday

Tennis and Swimming Day!

In the morning campers will start out with our theme based craft for this week. After they will do tennis and then go swimming.* In the afternoon campers will play active games outdoors.

Wednesday

Scavenger Hunt and Disc Golf Day!

In the morning campers will do a traditional scavenger hunt in small groups and active games outside. In the afternoon we will do disc golf and our GPS scavenger hunt.

Thursday

Swimming and Relay Day!

In the morning campers will start out by doing a critical thinking activity and then a memory game. Afterwards they will go swimming.* In the afternoon campers will be playing active games outdoors.

Friday

Oak Lake Fishing Field Trip!

In the morning campers will be playing the camper’s choice game and then watch our movie of the week. In the afternoon campers will go to Oak Lake and go fishing for our field trip. We will be leaving the rec. center at 1:30pm and will be back at the center at 3:30pm.

Fitness Focus: Cardiovascular endurance

*On swimming days, we visit Irvingdale Pool from 11:30 a.m. to 1:00 p.m. Don't forget your swimming suit, towel, and sun block!

EMAIL NEWS

Update your email address with the rec. center office to make sure you stay current on all there is to know about Summer Day Camp at Irving Recreation Center.